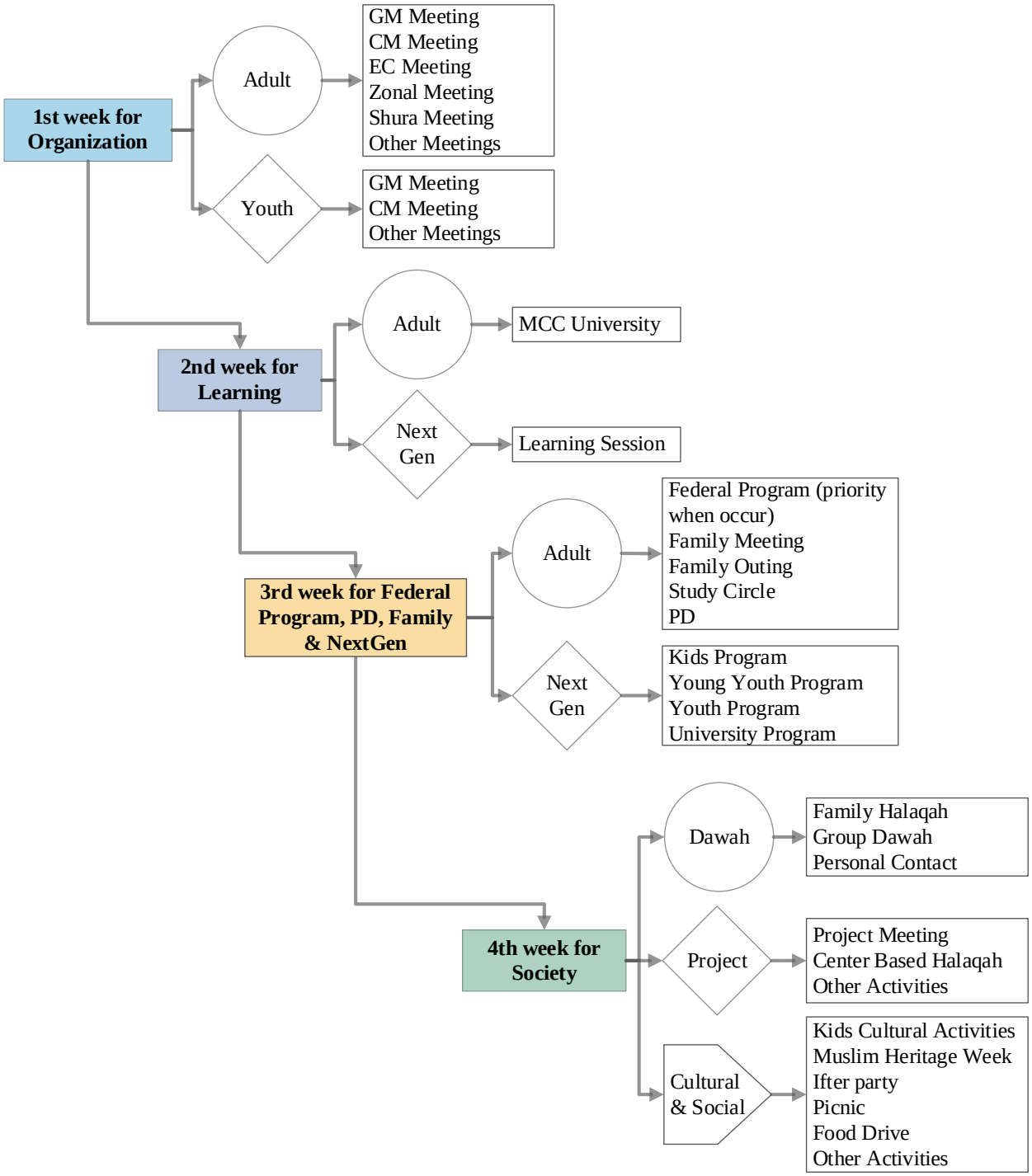MCC Weekly Activities